

**You've tasted the thrills now**

# **Minimise the Spills!**

**Mountain Bike Skills for the enthusiast**

**Sunday 7<sup>th</sup> November, Woodend 9.30 a.m. - 12.30 p.m.**

- Learn to dominate the trail.**
- Pick up the pace safely.**
- Develop finesse.**
- Understand advanced techniques.**
- Assess technical features**
- Pick lines quickly**
- Build up your confidence.**

For further information, contact

- Justin: Mobile 0428645202
  - Louise: Landline 03 85037080
  - Email: [louise@bikebeyond.com.au](mailto:louise@bikebeyond.com.au)
- Cost: \$140.00 (10 places/2 teachers)



The session is designed to support riders who understand basic mountain bike technique develop their skill base further. The emphasis is skill development - when and where to use certain skills, key aspects of more advanced techniques, and how to practice them safely and effectively. Bike Beyond skill programs are grounded in a skills based learning approach: teachers start where you are. How do they know? 18 years experience teaching mountain bike skills & guiding to any one between 10 - 82 years young.



***Bikes, Skills, Adventure.***

[www.bikebeyond.com.au](http://www.bikebeyond.com.au)