

You've tasted the thrills now

Minimise the Spills!

Mountain Bike Skills for the enthusiast

18th September, You Yangs 9.30 a.m. - 12.30 p.m.

- Learn to dominate the trail.**
- Pick up the pace safely.**
- Develop finesse.**
- Understand advanced techniques.**
- Assess technical features**
- Pick lines quickly**
- Build up your confidence.**

For further information, contact

- Justin: Mobile 0428645202
 - Louise: Landline 03 85037080
 - Email: louise@bikebeyond.com.au
- Cost: \$140.00 (10 places/2 teachers)



The session is designed to support riders who understand basic mountain bike technique develop their skill base further. The emphasis is skill development - when and where to use certain skills, key aspects of more advanced techniques, and how to practice them safely and effectively. The You Yangs mountain bike park offers easily accessible technical riding with plenty of scope to develop skills and learn to minimise spills.



www.bikebeyond.com.au